



# NewsWATCH

The Watlington & Chalgrove GP Practice Newsletter



Issue 004

Email us at: [wat.chal@nhs.net](mailto:wat.chal@nhs.net)

May 2012

## Young People's Health

### PPG Members

#### Watlington

- Roger Beattie
- Josephine Carrington
- Jenny Tindale
- Doreen Hobbs
- Shirley Brown
- Beryl Parkinson
- Jacky Wagstaff
- Marian Davis

#### Chalgrove

- Neil Topping
- Evelyn Chakera
- David Lee
- Ann Reed
- Lesley McCourt
- Gill Walker
- Lynn Baker
- Peter Grout
- Helen Moss-Black
- Audrey Mainwaring

If you have any issue that you would like raised at a PPG Meeting, please contact any of the above or email us.

#### *Special points of interest:*

- Treatment of the young
- Results
- Flu changes
- Lots of info

**Contact Us  
By Email**

**[wat.chal@nhs.net](mailto:wat.chal@nhs.net)**

**A**t our last meeting in April Dr Ding spoke to us about young people's health issues; specifically the age of consent, what parents can expect to be told and how information is made available to young people.

As a result of the *Gillick Case* in 1985 and the *Fraser Guidelines* in 2009, a GP can offer advice and prescribe contraception to a young person between the ages of 13 and 16 without the parents' knowledge or consent provided the young person meets certain criteria known as *Gillick* competence.

The issue that the GP has to consider is parental rights versus the best interests of the young person.

Check out the website for more details on this in the article based on Dr Ding's talk.

**[www.watlington-surgeries.nhs.uk](http://www.watlington-surgeries.nhs.uk)**

Many thanks to Dr Ding for a very interesting presentation.

## Patient Survey

**T**he report on the Patient Satisfaction Survey conducted last November is now available to read on the website and there are hard copies in both surgeries.

The main findings show that - overall - patients are very happy with the service that they receive from this Practice.

An Action Plan has been drawn up following the report. If you haven't already done so, why not read the report on the Practice website?

.....and while you're there, browse through the other information posted on it - you may well discover there are initiatives, groups and activities of which you had no idea!

## 'Flu Campaign

**Y**es, we realise that there is - hopefully - still summer to get through before we all start thinking about colds and 'Flu but the Practice wants to let people know well in advance that there will be a slight change to the campaign this year on a trial basis.

In order to cut the huge printing and postage costs involved in sending out individual letters to all patients in the target group, the Practice has decided to concentrate on greater advertising of the 'Flu jab days via posters and adverts in the Link and the Watlington Parish News. Watch out for dates and further information early in the autumn.

# Matters for Your Attention

## • 24-Hour Carer's Hotline

There is now a 24-hour hotline offering an emergency support service for anyone who is a carer in Oxfordshire. If you are a carer, check out the Practice website for more details and how to register for this.

## • Open on Saturdays

For those that did not know, or have forgotten, it is possible to book an appointment to see a Doctor on a Saturday morning - the Doctor and surgery change weekly but you can check this with the receptionists when you book.

Appointments are usually available between 8.00 and 10.50 am

## • On-line booking of Appointments

Calling all those with internet access - avoid the frustration of engaged telephone lines - register for on-line booking of appointments and you'll never look back - it's so simple - do it today - details on the website [www.watlington-surgeries.nhs.uk](http://www.watlington-surgeries.nhs.uk) .

## • Chalgrove Health Walks

Check out [www.walkingforhealth.org.uk](http://www.walkingforhealth.org.uk) or the Practice website and find out how you can join a local group for a healthy walk once a week.

## • Local Transport Services

Chalgrove has a very successful transport service called CHAPS for patients who have difficulty getting to hospital appointments, the Dentist, Optician etc. It is run by volunteers and covers any journey that is of a medical nature.

Transport is available in Watlington but operates independently of CHAPS and is also subject to different operating conditions.

## • Check out the PPG Notice Board

Read all the magazines in the surgery? Know all the posters by heart?  
Then why not check out the new **PPG notice board**:

- Latest information about what is going on in the Practice
- Informative fact sheets
- Local support groups
- Dates for your diary
- and much more...have a look next time you are there